

# HEALTH & WELLBEING

## PHYSICAL EDUCATION



### EXIT POINT

SCQF  
7

**HNC**  
Sports Coaching

**HNC**  
Dance

BA (Hons) Dance  
BA (Hons) Performing Arts  
BA (Hons) Dance & Psychology

SCQF  
6

**HIGHER**  
Physical Education

**NPA**  
Leadership through Sport  
Exercise & Fitness

**HIGHER**  
Dance

BEd Physical Education  
BEd Sport Science  
BA (Hons) Sports Studies

SCQF  
5

**NATIONAL 5**  
Physical Education

**NATIONAL 5**  
Team & Individual Sports

**NPA / FA**  
Dance

NC Sport & Fitness  
HNC Sports Coaching  
HND Fitness, Health & Exercise

SCQF  
4

**NATIONAL 4 / NPA**  
Physical Education

Sport Coach  
Life Guard  
Sports Development



CRITICAL THINKING



CREATIVITY



CURIOSITY



FOCUSING



ADAPTING



INITIATIVE



COMMUNICATING



COLLABORATING



LEADING